

Coaching Contact 2009

Season

| Team/Squad | First Name | Last Name | Home Phone | Title | Email Address |
|------------|------------|-----------|-----------------------------------|------------|--|
| A Squad | Amanda | Millar | 315-986-4763 | Head Cocah | amanda.millar@radnet.com |
| A Squad | Kreidler | Denise | 585-410-0686 | Asst | dpriest1@rochester.rr.com |
| Team/Squad | First Name | Last Name | Home Phone | Title | Email Address |
| B Squad | Jenn | Pero | (315) 986-5807 | Head Coach | jbpero1@rochester.rr.com |
| B Squad | Tristen | Smith | 585-217-3389 | Asst | itatrister@rochester.rr.com |
| Team/Squad | First Name | Last Name | Home Phone | Title | Email Address |
| C Squad | Molly | Merkel | 315-986-3873 | Head Coach | mollyann1016@gmail.com |
| C Squad | Lisa | Beutel | 315-986-7345 | Asst | beutels@bluefrog.net |
| C Squad | Julie | Varga | 585-490-0038 | Asst | julzhalay1@hotmail.com |
| C Squad | Chris | Rooney | 315-986-7508 | Asst | crooney@rochester.rr.com |
| Team/Squad | First Name | Last Name | Home Phone | Title | Email Address |
| Flag | Sarah | Wise | 315-521-4948, (H) 315-986-4422 | Head Coach | swise913@yahoo.com |
| Flag | Joy | Hill | 585-233-3615 | Asst | mhill21@rochester.rr.com |
| Flag | Chrisite | Ingram | 315-986-8433 | Asst | ganandafamilydaycare@yahoo.com |
| Flag | Amy | Love | 315-986-9001 | Asst | Lovey008@yahoo.com |

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| A Team | Bob | Remington | (585) 750-8469 | Head Coach | rremington1@rochester.rr.com |
| A Team | Neal | Dotterer | (315) 986-3108 | Assistant Coach | ndotterer@rochester.rr.com |
| A Team | Tom | Palmer | (315) 986-7744 | Assistant Coach | tpalmer4@rochester.rr.com |
| A Team | Darryl | Joy | (315) 986-3083 | Assistant Coach | djoy5@rochester.rr.com |
| A Team | Jim | Hake | (315) 524-9756 | Assistant Coach | jshake@rochester.rr.com |
| A Team | Dave | Kozlowski | (315) 986-7249 | Assistant Coach | dkozlowski@juno.com |

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| B Team | Todd | Schraffenberger | 585-645-5368 | Head Coach | jschraf1@rochester.rr.com |
| B Team | Mike | Shanley | 585-233-7846 | Assistant Coach | mshanle1@rochester.rr.com, mshanley@harris.com |
| B Team | Mike | Bianca | 585-202-4221 | Assistant Coach | tbianca1@rochester.rr.com |
| B Team | Derrick | Sanson | (315) 986-1087 | Assistant Coach | dsanson@rochester.rr.com |
| B Team | Jason | Deleo | 585-298-5049 | Assistant Coach | jdeleo16@yahoo.com |
| B Team | Todd | Liebert | 585-402-7594 | Assistant Coach | TLiebert@ClarkPatterson.com |

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| C Team | Bill | McClare | (315)986-7473 | Head Coach | bmcclare@rochester.rr.com |
| C Team | Jeff | Bean | (315) 986-3451 | Assistant Coach | wordofmouthpaint@aol.com |
| C Team | Chris | Castrechini | 585-329-1438 | Assistant Coach | chriscastrechini@yahoo.com |
| C Team | John | Chicino | 315-986-9620 | Assistant Coach | rchiccino@rochester.rr.com |
| C Team | Mark | Daciw | 585-478-5560 | Assistant Coach | mdaciw@buckprop.com |
| C Team | Dan | Percival | 315-952-4336 | Assistant Coach | dpercival@traceyroad.com |
| C Team | Jim | Rapp | 315-986-9637 | Assistant Coach | jrapp70@rochester.rr.com , jrapp.mcmichael@yahoo.com |

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| Flag | Malcolm | VanAlstyne | (315)538-8548 | Coach | rvanalstyne2@rochester.rr.com |
| | Brian | Beenhouwer | 585-261-6100 | Coach | bbeenhouwer@fibertech.com |
| | Jim | Britton | 315-597-1188 | Coach | JBKITTO2@rochester.rr.com |
| | David | Bryant | 585-538-8880 | Coach | drbsbu27@frontiernet.net |
| | Mike | Chasey | 585-750-9500 | Coach | michael.chasey@paetec.com |
| | Carl | Horsford | 585-406-0420 | Coach | mrandsrpizza@hotmail.com |